

Recipe Category

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|--|--|--|
| <input type="checkbox"/> Appetizers, Beverages | <input type="checkbox"/> Vegetables, Side Dishes | <input type="checkbox"/> Kids' Recipes |
| <input type="checkbox"/> Brunch Dishes | <input type="checkbox"/> Breads, Rolls | <input type="checkbox"/> Allergy Free |
| <input type="checkbox"/> Soups, Salads | <input type="checkbox"/> Desserts | <input type="checkbox"/> Pet Recipes |
| <input type="checkbox"/> Main Dishes | <input type="checkbox"/> Cookies, Candy | <input type="checkbox"/> Other |

If your recipe falls into one of the categories below, please check that box also:

- ☐ Diabetic ☐ Heart Healthy ☐ Low Fat ☐ Fast & Easy ☐ Gluten, Wheat or Egg Free ☐ Vegetarian

Recipe Title: _____

(Please print legibly or type)

INGREDIENTS

Please use these abbreviations: c., tsp., Tbsp., pkg., qt., pt., oz., lb.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

METHOD

Submitted By: _____

Include submitter's name as it will appear in the cook book.

_____ *Phone Number*

_____ *Mailing Address*

Please take a moment and provide a "Helpful Hint/Special Comment" on the reverse of this page.